Cemaes Rural District Council

ANNUAL REPORT

OF THE

DISTRICT
MEDICAL OFFICER OF HEALTH

AND THE

PUBLIC HEALTH INSPECTOR

1961

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CEMAES RURAL DISTRICT

ANNUAL REPORT OF THE MEDICAL OFFICER OF HEALTH FOR THE YEAR 1961

To the Chairman and Members of the Council,

Mr.Chairman, Mrs.Lewis and Gentlemen,

It is with much pleasure that I present my Annual Report on the health of your district for the year 1961.

The health generally throughout the district has been good. Although there were 44 cases of measles notified the disease was relatively mild and no serious complications or deaths occurred.

Water Supply

During the year, much work has been carried out on connections and plans have been made to increase the amount of water supplied to the area.

Housing

Progress has been made during the year to obtain the necessary land to build further council houses in Newport to relieve the present housing shortage there. It is also desirable to review the need, particularly in the larger villages, to build bungalows for the elderly. Unfortunately, elderly folk rarely put their names on the housing list until some suitable property becomes available, so that the need for their special dwellings does not, at first sight, appear as great as it really is.

Again I should like to emphasise how important a part the Public Health Inspector plays in the maintenance of the conditions suitable for healthy living. Much work has been done to implement the recommendations made under the Food and Hygiene Regulations and conditions have improved.

I should also like to take this opportunity to thank the members of the Council and its officers for their continued courtesy and co-operation and to include in this my thanks to my clerk, Mrs.V.K.Hughes, for all her help.

I have the honour to be,

Your obedient servant,

PHYLLIS M.BOWEN, M.R.C.S.
L.R.C.P., D.P.H., D.C.H.

District Medical Officer.

The Guildhall,
Tenby.

Tel: Tenby 2589.

VITAL STATISTICS

Resident Population (Registrar General's Estimate).....1961....

.....8,650.....

	Cemaes R.D. 1961	Cemaes R.D. 1960	County of Pembroke	England & Wales
Live Births	124	144		
Live Birth Rate (per 1,000 pop.)	14.3	16.4	17.8	17.4
Illegitimate Live Births per cent of Total Live Births	4.84	6.9	4.7	
Still Births	2	3		
Still Birth Rate (per 1,000 Live and Still Births)	15.9	20.4	24.0	18.7
Total Live and Still Births	126	147		
Infant Deaths	2	3		
Infant Mortality Rate(deaths under 1 year)(per1,000 Live Births) - total	16.1	20.8	22.08	21.4
- legitimate	16.9	22.4		
- illegitimate	nil	nil		
Neo-natal Mortality Rate(deaths under 4 weeks)(per 1,000 Live Births)	16.1	20.8	15.0	15.5
Early Neo-natal Mortality Rate(deaths under 1 week)(per 1,000 Live Births)	16.1	20.8	13.2	
Perinatal Mortality Rate(deaths under 1 week and still births combined)(per 1,000 Live and Still Births)	31.74	40.8	36.9	

The infant mortality rate shows a slight decrease this year, thus remaining lower than the rate for the County and for the country as a whole. The infant mortality rate for the country as a whole, at 21.4, was the lowest ever recorded in this country. It was 0.5 per 1,000 below that for 1960, the previous lowest. There were two deaths of infants under one year of age, one at two days from cerebral haemorrhage and one at five hours from prematurity.

Maternal Deaths	nil	nil		
Maternal Mortality Rate (per 1,000 Live and Still Births)	nil	nil	0.58	0.33
Deaths	138	136		
Death Rate (per 1,000 pop.)	15.9	15.5	12.47	12.0

The general death rate remains higher than the rate for the county and for England and Wales, as it again shows a slight increase this year. Heart disease was the cause of 40 out of the 138 deaths and remains as the cause of the highest number of deaths. Only one of the nine deaths from cancer was from cancer of the lung and this occurred in a man aged 69. Approximately 52.8% of the deaths occurred in persons aged 70 or over, and 23.9% in persons aged 80 or over.

Causes of death	Male	Female
TOTAL (All causes)	67	71
Tuberculosis	2	-
Other infective and parasitic diseases	-	1
Malignant neoplasm of the stomach	1	4
Malignant neoplasm of the breast	-	3
Malignant neoplasm of the lung,bronchus	1	-
Other malignant and lymphatic neoplasms	8	8
Diabetes	1	-
Vascular lesions of the nervous system	8	14
Coronary disease, angina,	8	8
Hypertension with heart disease	1	4
Other heart disease	13	6
Other circulatory disease	2	3
Influenza	5	1
Pneumonia	3	5
Bronchitis	7	3
Nephritis and nephrosis	1	1
Hyperplasia of prostate	1	-
Other defined and ill-defined diseases	3	8
All other accidents	-	2
Suicide	2	-

NOTIFICATIONS OF INFECTIOUS DISEASES

Measles	44	Respiratory Tuberculosis	4
Pneumonia	3	Whooping Cough	2
Poliomyelitis	1	Scarlet Fever	2
Encephalitis	1	(post-infectious chickenpox)	

TUBERCULOSIS

There were two deaths this year from respiratory tuberculosis, both males, and four new cases were notified, two of which were admitted to hospital.

PREVENTION OF TUBERCULOSIS

B.C.G.Vaccination B.C.G.Vaccination of contacts and school leavers continues to be carried out in the district. During 1961, 4 contacts and 27 school leavers (i.e.pupils aged thirteen years and over) were vaccinated. The Chest Physician, Dr.Llewelyn Davies, also vaccinates contacts at the Chest Clinic.

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MASS RADIOGRAPHY

The Mobile Unit of the Mass Radiography Service visited Newport and Crymmych in June this year and the results are as follows:-

NEWPORT	Grand Total		Male	Female
Total No.examined	184		94	90
No.found to be abnormal	28	(15.22%)	17	11
No.requiring further observation	2	(1.09%)	-	2
Other abnormalities of the chest	26	(14.13%)	17	9

CRYMMYCH				
Total No.examined	305		154	151
No.found to be abnormal	30	(9.84%)	17	13
No.requiring further observation	4	(1.31%)	3	1
Other abnormalities of the chest	26	(8.53%)	14	12

NATIONAL HEALTH SERVICE ACT, 1946.

Local Health Services

Vaccination Records were received during the year of 54 primary vaccinations and 6 re-vaccinations.

Immunisation Records were received of 102 immunisations against diphtheria and also of 14 re-inforcing injections. Records were also received of 71 immunisations against whooping cough.

Both vaccination against smallpox and immunisation against diphtheria and whooping cough are carried out at the clinics and schools and by the local practitioners, who are paid by the County Council on receipt by your Medical Officer of the record cards.

VACCINATION AGAINST POLIOMYELITIS

During the early part of the year the fourth injection was given to school children between the ages of 5 and 12 years. As the use of oral vaccine proved so satisfactory in the Hull epidemic, the Ministry of Health reduced and finally stopped supplying the Salk vaccine to Local Authorities while further work was being carried out on oral vaccine for general use.

NATIONAL ASSISTANCE ACT, 1948.

Section 47:- Removal to suitable premises of persons in need of care and attention.

No action was necessary under this section.

REPORT OF THE PUBLIC HEALTH INSPECTOR FOR THE YEAR 1961

WATER SUPPLIES

Parish	Number of Properties connected
Bayvil	10
Bridell	26
Capel Colman	26
Castellan	39
Cilgerran	213
Cilhedryn West	--
Clydey	12
Dinas Cross	206
Eglwyswrw	51
Llanfihangel Penbedw	37
Llanfyrnach	220
Llantood	10
Llanychlwydog	5
Llanfair Nantgwyn	23
Manordeifi	76
Meline	17
Monington	--
Moylgrove	39
Nevern	55
Newport	467
Penrith	12
St.Dogmaels	342
Whitechurch	13

WATER SAMPLES sent for Bacteriological Examination:-

Public Supply		Private Supply	
Number taken	6	Number taken	7
Satisfactory	6	Satisfactory	7

MILK SAMPLES

From Schools		From Farms & Retailers	
Number taken	4	Number taken	6
Satisfactory	4	Satisfactory	6

UNFIT FOOD

During the year it was found necessary to condemn the following foodstuffs:-

105 lbs.	Tinned Meat
21 lbs.	Tinned Foods (various)

HOUSING

(a) COUNCIL HOUSES — No houses were contructed this year, 147 being occupied.

(b) PRIVATE HOUSES — 11 bungalows were completed and occupied, and 11 dwellings were under construction.

INSPECTION OF DWELLING HOUSES DURING THE YEAR

Total No. of dwelling houses inspected for housing defects (under Public Health or Housing Acts).	-	10
No. of dwelling houses inspected and recorded under the Housing (Consolidated) Regulations 1925 & 1932 included in previous column.	-	10
No. of dwelling houses found to be in a state so dangerous or injurious to health as to be unfit for human habitation.	-	1
No. of dwelling houses found not to be in all respects reasonably fit for human habitation, (exclusive of those in previous column).	-	1
No. of defective dwelling houses rendered fit in consequence of informal action by the local authority or their officers.	-	nil

ACTION UNDER STATUTORY POWERS DURING YEAR

Housing Act, 1936. Sections 9, 10 & 16.

No. of dwelling houses in respect of which notices were served requiring repairs.	-	nil
No. of dwelling houses rendered fit after service of formal notices (By Owners).	-	nil

Public Health Acts

No. of dwelling houses in respect of which notices were served requiring defects to be remedied.	-	nil
No. of dwelling houses in which defects were remedied after service of formal notices (By Owners).	-	nil

Housing Act, 1936. Sections 11 & 13.

No. of dwelling houses in respect of which demolition orders were made.	-	nil
No. of dwelling houses demolished in persuance of demolition orders.	-	nil

Housing Act, 1936. Section 12.

No. of separate tenements or underground rooms in respect of which closing orders were made.	-	nil

HOUSING ACT, 1936. PART IV - OVERCROWDING.

No. of dwelling houses overcrowded at end of year.	-	1
No. of families dwelling therein.	-	1

No. of persons dwelling therein.	-	7
No. of new cases of overcrowding reported during year.	-	nil
No. of cases of overcrowding relieved during year.	-	nil
No. of persons concerned in such cases.	-	nil

SEWERAGE SCHEMES - HERMON and GLOGUE

Work on sewering the above villages was commenced in July of this year (1961).

REFUSE COLLECTION

Most of the area is collected weekly by means of a lorry, and tipped into tips at St.Dogmaels, Cilgerran, Newport and Hermon.

RODENT CONTROL

One man is employed to carry out this work and all the tips are inspected regularly and treated when required.

FACTORIES ACT, 1937 & 1948

	No.on Register	Inspections	Written Notices	Prose-cutions
(i) Factories in which sections 1,2,3,4 & 6 are enforced by Local Authorities.	nil	4	nil	nil
(ii) Factories not included in (i) in which section 7 is enforced by Local Authorities.	nil	nil	nil	nil
(iii) Other premises in which section 7 is enforced by Local Authorities (excluding outworkers' premises).	nil	nil	nil	nil
TOTAL	nil	4	nil	nil

T.L.BOWEN,

PUBLIC HEALTH INSPECTOR.